

women's health

The Vein Center of Sarasota

Offering State of the Art Minimally Invasive Techniques for the Treatment of Varicose Veins

Do you experience leg discomfort, swelling and varicose veins?

If so, you may be one of 25 million Americans who suffer from **venous reflux**.

Traditionally, these patients would undergo vein stripping surgery but this is now outdated and has been replaced by modern outpatient procedures that are available at The Vein Center of Sarasota. With local anesthesia, these procedures can be done with very little discomfort and essentially no downtime and are usually covered by private insurance and Medicare.

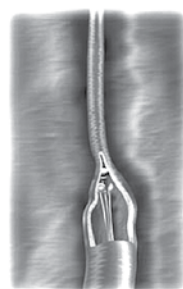
Although a variety of physicians offer Vein Care, be aware that vein disease is not a cosmetic problem or a disorder limited to the skin. Varicose and spider veins are often the result of an underlying disorder of the circulatory system known as venous reflux. Veins are an integral part of the circulatory system as are the heart and arteries and deserve the specialized care offered by the Cardiovascular Surgeon with the training, knowledge and experience in treating diseases of the heart and blood vessels.



Disposable catheter inserted into vein



Vein warmed and collapses



Catheter withdrawn, closing vein

veins in one direction, from the feet toward the heart. Varicose veins are caused by damaged valves which result in the backward flow of blood in your veins, the condition known as venous reflux. This can cause blood to pool in your legs and lead to the formation of varicose and spider veins.

Besides being ugly, varicose veins can cause significant symptoms and, if left untreated, can lead to swelling, leg ulcers and bleeding. Common signs and symptoms include swelling, aching, throbbing and itching as well as leg heaviness, restless legs and tired legs.

If you are bothered by varicose veins, spider veins or skin ulcers due to venous insufficiency, simply make an appointment with Dr. Schiro at The Vein Center of Sarasota. A complete consultation will be done including a Venous Duplex Ultrasound Examination when indicated.

This is a noninvasive test that is the "gold standard" for the diagnosis of venous reflux. After gathering the information, Dr. Schiro will sit down with you and outline a plan of treatment. The visit will take about an hour and, before you leave, you will know whether or not your treatment will be covered by insurance.

Radiofrequency Ablation (VNUS Closure®) and Endovenous Laser Ablation (EVLA) are two alternatives used to close the "culprit vein" responsible for the venous reflux. After this, microphlebectomy and sclerotherapy are used to eliminate unsightly varicose and spider veins that are persistent.

At The Vein Center of Sarasota our goal is to provide state of the art diagnostic and therapeutic services in a modern, comfortable and hospitable outpatient setting. We emphasize comfort, convenience and education of our patients. We pride ourselves on the punctuality of our appointment times and procedures.

Don't let unsightly varicose or spider veins complicate your life any longer. Treatment is easier than you think at the Vein Center of Sarasota.

Call for your complimentary Vein Screening on December 5th.



Joseph C. Schiro
M.D., F.A.C.S.
Fellow of the American College of Surgeons
Diplomat of the American Board of Thoracic Surgery
Board Certified Vein Specialist

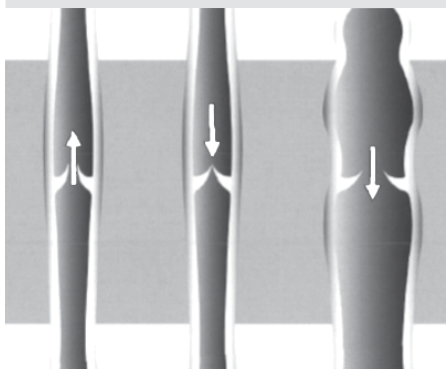
Vein Center of Sarasota

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Incompetent Valves

Normal Vein Normal Vein Varicose Vein



Walking Sitting or Standing Backwards Flow

1. Vein valves fail
2. Poor drainage of venous blood
3. Column of blood causes pressure and blood to build up in leg veins
4. Increased pressure causes surface veins to bulge

At the Vein Center of Sarasota we focus exclusively on the specialty of Vein Care. Joseph C. Schiro M.D. is the founder and Medical Director of The Vein Center of Sarasota and is a board certified Cardiovascular Surgeon and a Fellow of The American College of Surgeons. He has been practicing Cardiovascular Surgery in Sarasota since 1985 and has been doing minimally invasive varicose vein surgery since 2002. He is a diplomat of the American College of Phlebology making him a board certified vein specialist.

Varicose veins are known for their distinctive blue color and their bulging appearance on the skin. Spider veins or telangiectasias are a mild form of varicose vein disease. The cause of both is venous reflux. The venous flow from the legs is drained by a network of veins. Healthy veins contain vein valves which open and close to assist the return of blood to the heart. Normally, blood flow travels through the