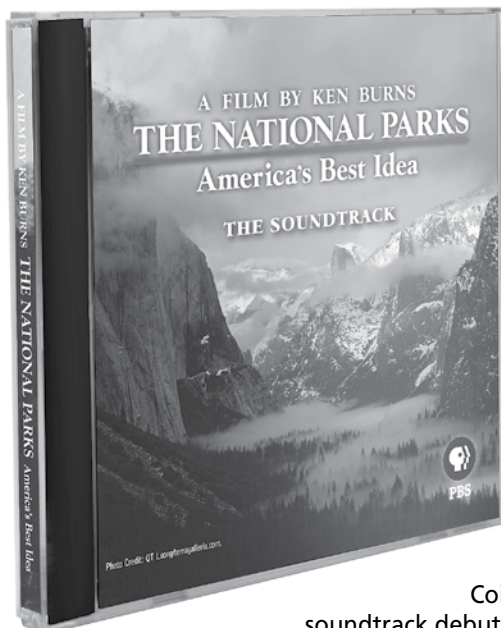


CD from Ken Burns' new PBS series



The CD soundtrack from Ken Burns' new PBS series *The National Parks: America's Best Idea* will go on sale on September 8, ahead of the PBS broadcast, which is scheduled to run September 27 to Friday, October 2.

The 12-hour, six-part documentary series, directed by Burns and co-produced with his longtime colleague, Dayton Duncan, traces the birth of the national park idea in the mid-1800s and follows its evolution for nearly 150 years.

The series chronicles the steady addition of new parks through the stories of the people who helped create them and save them from destruction. The soundtrack represents the film's important thematic melodies, which are meant to capture the emotions of the people who have experienced these timeless places.

Coinciding with the film's broadcast and soundtrack debut, PBS will also release a DVD box set that will feature making of footage and an interview with Burns and others involved in the film.

Also accompanying the series will be a companion book, written by Duncan and introduced by Burns, which will be published by Knopf and will be available on September 8. The DVD will be out October 6.

To order a copy of *The National Parks: America's Best Idea* soundtrack, call (800) PLAY-PBS or visit shopPBS.org. It sells for \$18.98.

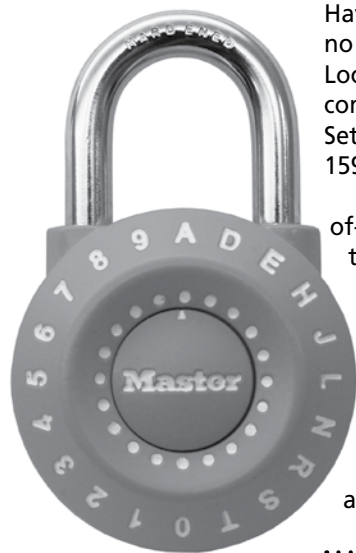
Feed your Kid's Brain

The new BALANCE B KIDS Bar is a great option if you're looking for healthier snacks for your kids. From the makers of BALANCE BAR, the BALANCE B KIDS Bar provides a combination of whole grain oats, wheat, and rice. It's available in two flavors, chocolate chip and peanut butter, and is a good source of whole grains, iron, zinc (to help brain and body cells grow and develop), choline (to help the brain send messages), and vitamins B1, B6, B12 (to help support your kid's healthy nervous system).

The bars are available at Target. The retail price per 6-count box is \$3.99.



Set Your own Locks



Having to remember combinations is no fun. Now you don't have to. Master Lock has introduced two new families of combination locks: the 1500iD Speed Dial Set-Your-Own Combination Lock and the 1590D Set-Your-Own Combination Lock.

The 1500iD lock features a first-of-its-kind design that opens on directional movements—up, down, left and right—instead of the traditional rotary dial.

The lock is faster to open than traditional locks, more secure and customizable. Users can create their own resettable combination consisting of any number of movements in any sequence.

For users who prefer traditional methods of recalling their combination, the lock includes adhesive letters, numbers, colors, shapes and symbols that can be applied over the lock's directional arrows.

The 1500iD Lock is particularly appealing for teens who have limited time between classes and are always looking for faster access to their lockers.

The lock also provides improved ease of use for visually impaired consumers, because users don't need to see the dial to open it.

The 1590D lock is designed for the traditional, nostalgic user who is more comfortable with using a rotary dial.

Users can choose their own combination using three letters or numbers and operate the lock with the standard right-left-right combination lock movement most consumers are familiar with. An enclosed reset tool ensures that users will never forget their combination again.

Both locks feature anti-shim locking technology and come in vibrant colors. The 1500iD is available in red, blue, black with chrome and black with green accents while the 1590D is available in a matte black, blue or green finish.

The 1500iD lock is available at Staples for \$6.99. The 1590D lock is available at The Home Depot for \$5.99. Info: www.masterlock.com.

Meet the Neater Feeder



The Neater Feeder feeds your pets while containing spills and splashes and separates spilled food from spilled water.

The Neater Feeder System comes in a range of sizes including elevated feeders of various heights. It's designed with protective walls to contain splashes and spills from an inadvertent kick or an excited pet. The system holds spilled food in an upper reservoir while spilled water flows down a gentle slope through a patent-pending filtering system.

The spilled water drains into a lower reservoir

that can safely contain more than an entire bowl of spilled water keeping it off the floor until you're ready to dispose of it. Keeping the spilled food in the upper reservoir, off the floor, not only saves you work, but also keeps it clean for reuse.

The Small Neater Feeder is for all cat breeds and small dog breeds from 5 lbs. up to about 20-25 lbs. The small Neater Feeder for dogs has two one-pint bowls. The small Neater Feeder for cats has two shallow 4-inch bowls.

The Neater Feeder's design is ant-proof, keeping your dog or cat's dining area more sanitary.

The Large Neater Feeder is an elevated feeder and has two 2-quart bowls and is best suited for dogs in the 35-100 lb. range. Leg extensions, which are sold separately, are available for every size Neater Feeder so you can raise the height of the feeder based on your pet's size.

You can buy a Neater Feeder for between \$34.99 and \$57.99 depending on size. Go to www.neaterfeeder.com.

Easy, Tasty Salmon

SAFCOL's all-natural and dolphin safe line of prepared salmon is great for slimming down and maintaining a healthy diet. SAFCOL's all-natural salmon comes in ready-to-serve packs and cans, plus they're already flavored.

Salmon is low in calories and saturated fat, and high in protein and omega-3 essential fatty acids, a unique type of health-promoting fat. Essential fatty acids are essential for human health and can only be obtained from foods. Higher amounts of omega-3 fatty acids are found in wild-caught, coldwater fish such as salmon.

The fat composition of salmon has recently been evaluated as superior not only because of its rich omega-3 content, but also because of its great ratio of omega-3s to omega-6s and its health-supportive balance of saturated, mono-saturated, and polyunsaturated fats. Each of these helps to reduce the risk of unwanted inflammation and helps support the immune and circulatory systems.

SAFCOL comes in these flavors: Salmon with Lemon and Dill, Salmon Mediterranean Style (made with red and green peppers, olives, tomatoes and onions), Salmon with Lemon and Cracked Pepper, Salmon with Oven Dried Tomato and Basil and Chargrilled Salmon with Cajun Sauce.

SAFCOL is sold at Whole Foods. Try the recipe below to experience SAFCOL's salmon.



Cajun Spice Salmon Spring Roll with Chili Dipping Sauce

- 1 can SAFCOL Chargrilled Cajun Spice Salmon
- 2 sheets Vietnamese spring roll rice wrapper
- 1/4 pound bean sprouts
- 1/4 cup julienne carrot
- 1/4 cup julienne snap peas

In a pot of boiling water, blanch bean sprouts, carrots, and snap peas for 15 seconds. Remove from pot and shock in ice cold water for 30 seconds. Divide into 2 equal portions. In a shallow bowl with warm water, submerge each piece of rice paper for 5-7 seconds. Remove the rice paper and place on a dry cutting board.

Arrange SAFCOL Chargrilled Salmon in Cajun Spice, bean sprouts, carrots, and snap peas lengthwise in the center on the paper, saving 1/2 inch on each side. Fold the left and right sides and the top and bottom of the rice paper to the center. Roll. Cut in half and serve.

Chili Dipping Sauce

- 1/4 cup soy sauce
- Dash of sesame oil
- 1 tsp of lemon juice
- 1 tsp of chili sauce

> For more information, visit www.safcolusa.com.

Great Disposables?

Solo Cup Company has introduced Bare by Solo compostable plates made with sugarcane. The ivory-colored plates feature a square design that offers an alternative to traditional round single-use dinnerware.

The new plates also offer consumers an environmentally preferable way to serve food using renewable materials that can reduce the amount of waste sent to landfills.

Solo also is rolling out a Bare by Solo compostable cup made with a bio-based plastic that comes from renewable plants such as corn. The oatmeal-colored cup provides convenience with a distinctive look and feel. The new Bare by Solo plates and cups are compostable in commercial composting facilities.

Bare by Solo is the first full line of eco-forward, single-use products for serving food and beverages made with recycled, recyclable, compostable or renewable materials.

The sugarcane plates are strong and soak-through resistant and are available in dinner, lunch and dessert sizes. The bio-based plastic cup is available in a 14-ounce size that fits smaller hands and grown-ups alike.

Bare by Solo is available at Target. For more info, visit BarebySolo.com.



For one of Those "Hate it When This Happens" Moments...



You're just about to go out and the outfit you need to wear has, well, a problem...such as a ripped hem. Or maybe that new pair of trousers you assumed fit is way too long and you don't have time to hem them. You've been there, no doubt.

Mighty Mendit is not a glue, but a flexible bonding agent that grabs, adheres, and interlocks the fibers of virtually any fabric for a permanent repair. Sewing takes forever, but with Mighty Mendit just apply, gently touch, and mend it.

You can also use it to mend pillows, comforters, and curtains without removing them. Or even make furniture repairs. Mighty Mendit dries crystal clear and is safe for most any fabric. Plus, it's

machine washable. Even after 50 washes, the bond still stays strong.

Whether it's denim, leather, or lace, you can use Mighty Mendit. Cost: \$19.99 plus \$8.95 shipping and handling per kit. You get 3 large bottles of Mighty Mendit, a travel size bottle of Mighty Mendit, plus one bottle of Mighty Gemit. Available at www.mightymendit.com or call 1-800-959-8891.



TERRO offers a two-step process to safely get rid of ants. In step one, you bait worker ants with their liquid ant bait which they then carry back and feed to

Do the Two-Step with Pesky Ants

the queen and the rest of the colony.

While the insecticide in the bait will ultimately kill the worker ant, it works slowly enough that the worker has time to get back and share the bait with the colony. That's the only way to get rid of both the ants you see and the thousands you don't. How diabolical!

Step two, you then create an exterior barrier. Once a house has been baited inside for at least a week, you apply TERRO Outdoor Ant Killer Granules around the

perimeter of the house.

The TERRO Outdoor Ant Killer is packaged in a three-pound shaker bag and is designed to allow the granules to be distributed in a five foot band around the typical house. No spreader is needed.

Because of the volume of ants in a single colony, it can be difficult to get rid of every last ant in your yard. If ants are still present after doing the TERRO 2-Step, it may be helpful to determine what species they are. The most common pest ants

found in the United States are on TERRO's web site. Or you can mail a sample ant to the company. TERRO ant experts will identify it at no charge and help you determine an action plan to eliminate your ant problem. For more information, ask the expert— <http://terro.com/ask-the-expert.php> at www.terro.com, or call the company toll-free at 1-800-837-7644.

For more information on TERRO products, call 1-800-837-7644, or visit www.terro.com.